



Horizons

August/September 2016

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August Birthdays

- | | |
|----------------|-------------------|
| Raquiba D. 8/5 | Eva R. 8/21 |
| Peter B. 8/7 | Margarita N. 8/23 |
| Pamela S. 8/10 | Viola R. 8/26 |
| Sheila M. 8/13 | Medhat G. 8/27 |
| Gary C. 8/18 | Daneill S. 8/28 |
| Dean H. 8/19 | |

September Birthdays

- | | |
|----------------|----------------|
| Debbie B. 9/6 | John S. 9/20 |
| Charles L. 9/7 | Marcus H. 9/25 |
| Eddy R. 9/17 | Edward C. 9/28 |
| Peter C. 9/20 | |

Sky Light Center is open seven days a week, 365 days a year.

The work-ordered day program runs Monday through Friday, 9am—5pm. During the month of July, there were 677 grand total visits for the work-ordered day program.

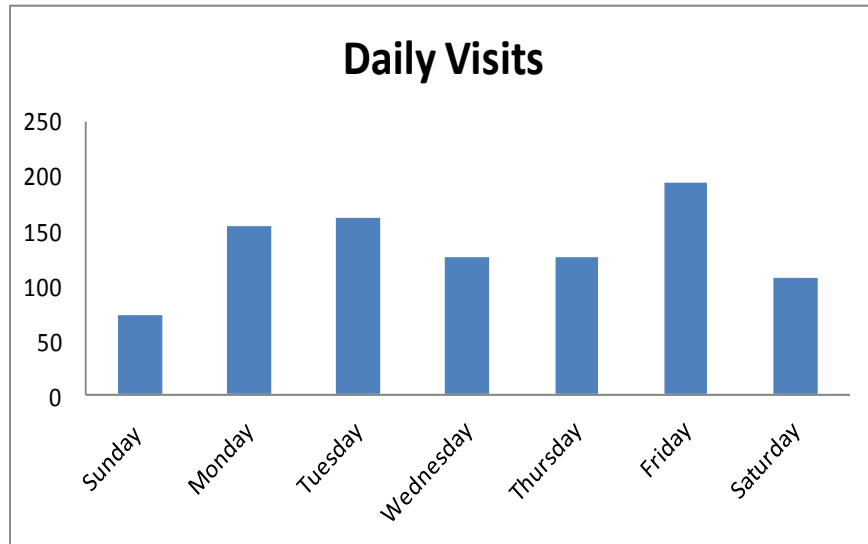
Evening services runs Monday through Thursday,

3pm—6pm. During the month of July, there were 186 grand total visits for the afternoon services program.

The Social Program hours are Fridays, 5pm—9pm, Saturdays, 10am—7pm, and Sundays, 9am—4pm. During the month of July, there were 262 grand total visits for the Social Program.

Sky Light Center serves three meals a day, Monday—Friday, with lunch and dinner served Saturdays and lunch served Sundays.

July Statistics



Accreditation Results

In May 2016, from the twenty third to the twenty fifth, Sky Light Center hosted a visit from an accreditation team: Serge B. from Grand Avenue Clubhouse in Wisconsin and Danielle F. from Neponset River House in Massachusetts.

The accreditation team spent time in the Clubhouse, learning about our daily work and culture, and visited some employment and housing sites.

They evaluated how well Sky Light abides by the

thirty-six Clubhouse standards based on what they observed.

The results from the 2016 accreditation visit are still pending.

Stay tuned!

Employment Updates

Sky Light Center maintains twelve transitional employment positions in the community. There are six positions at 307 Thrift, held by Concetta T., Dikran M., Deisi R., Carolyn V., and Lillian B. The sixth position was added in late July. Congratulations to 307 Thrift's newest employee, Ray M.

There are two pending transitional employment positions with the Staten Island Yankees concession services.

Vera L. and Audrey L. hold the other two transitional

employment positions at NAMI and The Pride Center, respectively.

Sky Light Center provides services for members through Supported Employment and Independent Employment in the community.

Irma R. is working at Marshalls, and recently received an award for her performance as a cashier.

Alyssa G., Robert K., Ellen S., and Lisa C. work at Staten Island's three TJ Maxx locations.

Reini O., Joel M., Barry R.,

Christine B. are employed as respite companions with Sister Louise.

Kellie hosts the Placement Manager's meeting every Thursday in Clerical at 2:30 pm or after the Operations Meeting. Members can attend this meeting to discuss their workplace events or to hear updates from Clubhouse employment and ACE employment services.

Job Club meets every Tuesday at 2pm or after the Policy Meeting. Job Club is held in the old library in the auxiliary services

building.

Members who are interested in finding employment in the community and are at least 55 years old can enroll with AARP. Members interested in employment services can visit with Jeff and Amy during the work ordered day.

Employment Dinners occur throughout the year, where members can receive helpful employment resources. Employed members can also receive awards of recognition for their employment accomplishments.

Education Update

Roger continues to hold tutoring hours Fridays from 1:30-5:30 and Saturdays from 2:30-6:00 in the SLC library. Member volunteers, like Monique T. and Joel M., also assist members accomplish their educational goals.

Online assignments are facilitated using Edmentum's PLATO program. SkyLight currently has 31

members with registered PLATO accounts. Popular PLATO courses with members include NRS Levels 1-3 Math, and NRS Levels 2-4 Reading. In addition, the NYPL website kids.nypl.org is being used to facilitate reading E-books. The NYPL Mango Languages website is being used to teach both French and Spanish. Freerice.com is being

used to increase vocabulary. Nytimes.com is being used to study science, politics and world events. Khanacademy.org is being used to study algebra and geometry.

Academyofpeerservices.org is currently being used by two members to obtain Certified Peer Service Certification.

Library Hours:

Monday 1:30-3:30

Tuesday 1:30-3:30

Wednesday CLOSED

Thursday 1:30-3:30

Friday 1:30-5:30

Saturday 2:30-6:00

Sunday CLOSED

Auxiliary Services Update

Sky Light Center is looking to hiring one staff member for housing and one staff member for the Clubhouse. There is still an active search for an accountant, as well.

Chris F., Linette B., and Carlos O. continue to work in housing. They are advising members to be cautious in the summer

months. They can give you a list of cooling centers on the island.

Wellness Program Update

Christina will be starting up the Food Education workshops, Mondays at 2pm. Food Education provides resources for members to practice healthy nutrition and wellness.

Kellie runs WRAP group Mondays at 3pm. WRAP stands for Wellness Recovery Plan. It is an ongoing, self-management plan for maintaining wellness.

Joel and Christina run the Journey to Recovery workshop on Wednesday at 2pm for members recovering from addiction.

Wendy, the nutritionist,

hosts a wellness class every first and third Tuesday of the month at 5:00pm.

Connie continues to teach exercise classes every week. Classes range from Jazzercise, Zumba, Yoga, Tai Chi, and Pilates. Connie's classes are scheduled for Tuesdays and Wednesdays at 3:30pm. She holds a third class every second and fourth Tuesday at 5:00pm. There must be three members signed up for the class to occur as scheduled. Members can sign up at the front desk, or they can call the receptionist to be added to the list.

The SLC gym is monitored by member volunteers. Currently, Ray F. opens the gym every Tuesday from 3:00pm-4:00pm and every Sunday from 1:00pm-2:00pm. Members who are interested in being a gym monitor can speak with their service coordinator.

The kitchen hosts a Food Pantry for eligible members every second and fourth Wednesday of the month, at 2:00pm. Members who want to receive pantry bags can speak to their service coordinator to see if they are eligible.

Gym: SUN 1PM

-

Food Education: MON 2PM

WRAP: MON 3PM

-

Gym: TUES 3PM

Yoga: TUES 3:30PM

Wendy/Connie: TUES 5PM

-

Journey to Recovery: WED 2PM

Pantry: WED 2PM (ALT)

Jazzercise: WED 3:30PM

Social Program Update

Social program hours are currently as follows: Fridays, 5pm-9pm; Saturdays, 10am-7pm; and Sundays, 9am-4pm.

Sky Light Center purchased some tickets for Staten Island Yankees games this summer.

Sky Light continues to take

members to the movies every third Saturday and hosts a brunch every third Sunday of the month. There is a basketball hoop members can use in the SLC yard, and there are games in movies always available in the dining room.

The art program runs on Saturday afternoons with

Christina. The art program Members projects can be displayed in the art gallery on the first floor, which is a stop on Staten Island's Second Saturday Art Tour.

The music group runs Friday evenings and Saturday afternoons.

Fundraising Updates

Sky Light Center hosted a golf outing fundraiser this summer. Participants were able to golf during the day, and attend a dinner in the evening with special raffles and prizes. This event raised \$15,000 for Sky Light Center.

Sky Light Center applied for and received a City Council grant from Coun-

cilwoman Debi Rose in the amount of \$5,000.

Give Back Wednesday's at the Boardwalk by the Vanderbilt will benefit Sky Light Center on Wednesday, August 17th. There will be family fun activities, food, and fireworks from 6pm-9pm.

Sky Light Center's 2nd Annual Bowl-A-Thon to take

place on Sunday, October 9th at Rab's Country Lanes

Sky Light Center's 1st Annual Dinner Dance & Auction Gala on Friday, January 20th at the Hilton Garden Inn.

Fundraising events are coordinated by Ilene Rosen.

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Sky Light Center

Path to

Recovery

We're on the Web!

www.skylightcenter.org

Policy Meeting: June 7th

Co chairs: Jeff and Audrey

Attendance: Kellie G., Ray F., Lorie R., Audrey L., Scott C., April R., Holly L. Joann W., Dominic M., Linette B., Christine B., Thomas P., Jeff S, Stephen S, Christina F,

Agenda:

Issue #1: Sugar free birthday cake.

Proposal: The kitchen should offer sugar free birthday cake for individuals who cannot have sugar to promote inclusion.

Discussion: The person who wrote the issue was not at the meeting.

Decision: Tabled.

Issue #2: New name for unit.

Proposal: Units need too be called something for accreditation visit.

Discussion: Clerical space, kitchen space were decided upon.

Decision: Everyone is ok with clerical space and kitchen space as the new names for the unit.

Issue #3: Kitchen policies.

Proposal: Improving the system for

checking the names of members who call in and saving plates.

Discussion: People call in to have their plate saved and sometimes there isn't a plate saved.

Decision: Staff and members will try harder to check off the names of people who call in. Staff and members will serve the standard amount to be sure there is enough.

Issue #4: Behavior issues.

Proposal: Coming to SLC and having offensive outbursts will result in suspension.

Discussion: People come to SLC to participate in healthy WOD. SLC needs to be a safe space for all staff and members. Current SLC policy states that members with offensive outburst will be suspended until their issues are resolved with their care providers.

Decision: Members will be asked to take a break.

Issue #5: Members of Board of Director.

Proposal: To put a third member of

the board.

Discussion: There is an interview process.

Decision: Stay tuned.

Issue #6: Food pantry hours.

Proposal: To have a new time for food pantry to resolve scheduling issues.

Discussion: Stephen said it is a unit issue not a policy.

Decision: Will be discussed in unit.

Issue #7: PAM survey (Patient Activation Management)

Proposal: Staff needs to engage members in the PAM survey

Discussion: Please fill out this survey. identify skills and knowledge regarding health care. Medicaid/Medicare have to be Medicaid. Goal is to complete 50 surveys by September 2016.

There was no policy meeting

Next Meeting: September 6, 2016

Mission Statement:

Sky Light Center offers a path to recovery from psychiatric and substance use disabilities through comprehensive rehabilitation services based in an intentional community setting.

Vision Statement:

Sky Light Center provides an individualized path to recovery for all through psychiatric rehabilitation services that significantly impact and improve overall quality of life.

July Policy Meeting Minutes